

ANONG BALITA

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UPCOMING EVENTS...

- 12.03 Parole Workshop
- 12.04 Barkada's Got Talent
- 12.11 Christmas Party
- 12.12 b.MOD at The Bridge
- 12.12 - 12.14 Annual Ski Trip

BARKADA GENERAL MEETINGS

EVERY THURSDAY

Bronco Bookstore, Room 202

12:00pm - 1:00pm

University Hour

FOR MORE INFO, VISIT OUR:

Website

www.cppbarkada.org

Facebook

www.facebook.com/cppbarkada

Or E-Mail Us:

cppbarkada@gmail.com

THIS IS PACLAND.

by CHARLENE MAG-IBA

Public Relations



Manny "The Pacman" Pacquiao has done it again. In the recent match against Puerto Rican Boxer Miguel Cotto, Pacquiao never showed a bit of fatigue, always returning to the ring with the same straight face. Pacquiao defeated Cotto in the twelfth round technical knockout (TKO), becoming the first fighter in boxing history to win seven world titles in seven different weight divisions. To boxing fans the 30-year-old superstar is the world's best pound-for-pound fighter. To the Filipinos everywhere, he represents so much more. In the Philippines, where crime never stops, "The guns are silent in the street every time I fight. There is no fighting, no crime. I would fight every day just for my people, if the guns will stay silent", said Pacquiao. He is looked at as a Filipino uniter because of this. Not only is Pacquiao ranked number 1 on the top fifty fighters in the world today, making him a boxing icon, but also making a name for Filipino communities everywhere.



SPUF SPUF SPUF IT UP! BARKADA STILL HAS ITS SPIRIT UP!

by DAVID GERONAGA

Social Chair

October 24th, 2009 was a day that touched all of our hearts. On this day, there was spirit, pride, unity, and plenty of friendship, which was seen not only from other schools, but from Cal Poly Pomona Barkada. Barkada has a rich history of Championship towards SPUF including 1998, 2001, 2002, 2006, 2007. But this year Barkada came into Friendship Games with a different motive. We didn't want to come home with a trophy, we wanted to leave memories with the other schools. Barkada has impacted so many people this year, especially during Friendship Games, and we have seen so many new faces that I was so proud to see how much stronger Barkada has become this year. I believe the experience of Friendship Games has brought so many members together. The guy you were screaming your brains out with at Friendship Games could even end up as your best friend in the upcoming year... There are so many memories created at Friendship Games that I can't even count. Our epic and legitimate roll call with the help of Barkada Modern, people rejoicing around our may pole, singing 90s songs around the 21XL booth and the rest of the clubs joining in. People will literally be rejoicing until the next Friendship Games comes around! To everyone who participated and rejoiced with us, I lay down my sword to thee and chant "Long live the kingdom of Barkada!"



FILIPINO AMERICAN VETERANS WANT JUSTICE!

by JAMES VILLA
Staff Writer



On the morning of November 11th, 2009, hundreds of people marched from the Historic Filipino town to the Department of Veterans Affairs (DVA) and protested for the soldiers that proudly served during World War II. The supporters consisted of college students and Fil-Am organizations from all over Southern California. They gathered in front of the Federal building along with the families and widows of Filipino veterans with one goal in mind - to claim full benefits that the government promised to give to the brave Filipino soldiers who fought for U.S. during WWII.

For over 8 years, Justice for Filipino American Veterans

(JFAV) have hosted the annual rally. This year, however, turned out to be more serious. Only gaining a lump sum of \$15,000 for Filipino veterans this year, more than 46,000 living veterans in both the Philippines and United States have yet to receive their full benefits. \$15,000 for the US citizens and \$9,000 for non-US citizens is only a temporary relief.

Although less people rallied this year, voices were still heard throughout downtown Los Angeles. A traditional Jeepney led the rally protesters yelling "DVA Don't Delay!", along with various other chants. Oncoming cars honked and yelled to support the march while local news videotaped from the streets and a helicopter. Various Fil-Am group leaders, college student leaders and soldiers, spoke for the families and widows of the veterans. The protracted fight for the veterans will go on. Families and supporters everywhere will keep on battling until the courageous veterans get what they fully deserve.



PAHM RECAP

by VINZON LIM
Staff Writer

Do you guys know what is celebrated during the month of October? Halloween? Sure. The start of the NBA season? Yeah, I guess you can say that. You know what? I'll cut right to the chase, it's Pilipino American Heritage Month!

During the month of October, Barkada members, old and new, come together to educate and promote the Philippine heritage to those who are unaware and those who are interested in the customs, history, and issues of the Philippines. Led by Barkada's Culture Chair, Katie Balquiedra and fellow E-Board members, various workshops, such as a Tagalog workshop, are held, where people are able to learn some of the basics of the well-known dialect amongst Filipinos. Another event known as the infamous Lumpia night, people can learn how to make and cook the popular Pilipino food. There were also workshops with the help of PASK (Pilipino American Studies Kollektive) and the gentlemen of Chi Rho Omicron (XPO). The month long event capped off with a closing ceremony and followed by Scary Stories Night, where superstitious tales of paranormal activity left many knees trembling.

With a whole month worth of workshops and activities, you can already tell that the Philippines has a vast, rich, and proud heritage worth celebrating. To tell you the truth, it's just the tip of the iceberg.

KUYA/ATE AND ADING PROGRAM RECAP

by CAMI DeGUZMAN
Academics Chair

This quarter was an AWESOME start for the Kuya/Ate and Ading program. At the Kuya/Ate and Ading Picnic, adings bonded and feasted with their new Kuyas and Ates. We came up with six different families, each having their own unique qualities: UFC! 4 Rings! SMD! DB! Naks Naman! FvF! Each family designed a family poster, created their slogan and a hand gesture that will be used throughout the year. The family atmosphere carried over to Chuck-E-Cheese Night. Most families ordered pizzas, took family photos, and played multiple games. A mini basketball tournament was held and each pair competed to represent their family for the overall title. Gia Pangilinan and Brian Peralta won the title for the 4 Rings family. They won donated tickets and bragging rights! Look out families, more competitions and outings to come!

GAWAD KALINGA. TO GIVE CARE.

BOWL 4 GK. BOWLING TO GIVE CARE.

by GIA PANGILINAN
Vice President

On November 21, college youth and even Barkada alumni gathered at West Covina Lanes to support the movement Gawad Kalinga. The event was not only a bowling tournament, but also a means to learn exactly what GK is all about. Dermot Wang provided more insight into what those involved with GK do to improve the living conditions and lives of those in the Philippines. This year, with the recent disasters in the Philippines, we asked participants to bring relief goods and we received an overwhelming amount of canned goods from the participants and spectators. What's so special about Bowl 4 GK especially for Barkada members, is that it was first coordinated by our very own lifetime members, Brian Carramazana and Bot Tampil. It has also been a yearly tradition continued by other current and past Barkada members, such as Patrick Bondoc, Anne Soliguen, Greg Vera Cruz, and myself.

Congratulations to Wowoweehahoo from Cerritos for taking 1st place in our SoCal tournament!

Our Bowl 4 GK Finale will be held in Las Vegas at the Gold Coast bowling alley on January 16, 2010!!

If you would like to learn more about Gawad Kalinga, please visit <http://www.gk1world.com>. If you would like to get more involved with Bowl 4 GK in the future, please visit www.bowl4gk.org or e-mail bowl4gk@gmail.com.



REMEMBERING RIZAL

by KATIE BALQUIEDRA
Culture Chair



A wise man once said, “Ang hindi marunong lumingon sa pinanggalingan ay hindi makakarating sa paroroonan”, which means a person who doesn’t know where they came from will never get to their destination. These are the words of the famous Jose Rizal. This name might be familiar for some of you, but do we really know who he is? I, myself, don’t claim to know everything about him, but ever since I was a child, I’ve always been taught that he is the Philippine National Hero. He was a brave man who fought against the Spanish rule, not by force or violence, but with his intellect. He used his greatest advantage to write *Noli Me Tangere* and *El Filibusterismo* to help the Philippines realize the ill-treatment that they were going through with the Spaniards. This brought about many movements against the Spanish, which led to Rizal’s exile and execution by firing squad on December 30th, 1861. So what makes Rizal so important within the Pilipino culture? He was the one man who stood for his fellow country men, when nobody would even dare during a time of turmoil, and up to this day, he is still the shining example of the power of the mind and civility over violence. As Rizal’s death anniversary approaches, which is celebrated as a National Holiday in the Philippines, I encourage all of you to learn more about the man who fought so hard for the things he believed in the most, his countrymen and his culture.

SPORTS SHORT

by REGINALD TONGOL
Sports Chair



When Intramurals began, Barkada had one thing in mind, they meant business. Practicing wasn’t only an option for Barkada. Recruitment of previous members and new members brought Fall Quarter Intramurals to be one of the most exciting and epic occasions. Led by old school running back Winston David and coach Jonathan Magturo, Barkada was in search for another playoff berth in the Intramural standings. Volleyball came with a different approach as the old school members mixed well with the new members with no practice. Led by previous Sports Chair Greg Vera Cruz, Freshman Kevin Custado, and coach Francis Paul De La Cruz, they started making noise when a girl’s face got shined as Kevin Custado began the season with a huge kill. With success of both teams, this was surely one of the best times to be a supporter. Both volleyball and football will surely will not disappoint in Barkada’s own tournament, Sportsfest XXI: Heart of a Champion coming in March 19-21, 2010.

TYPHOON ONDOY RELIEF

by JOSEPH BAURA
Staff Writer

On September 26th, 2009 Typhoon Ondoy brought rain equivalent to a month’s worth within a few hours of it’s wake. Many of our kababayan have been left helpless as many homes and family members were lost. With the limited assistance that the Philippines Government could provide, food, shelter were given to those affected greatly by the storm. Although, with what has been given, it still is not enough to fulfill the complete needs of Ondoy’s victims. Many of those who were affected still need the essentials to survive such a devastating. As the mast majority of our families are connected somehow to those who live in the mainland, we probably have all felt the sense of responsibility to give what we have to those in need.

So thousands of miles away, with the help of other PASA schools, we united as a group and provided a much needed additional assistance to the victims of Ondoy by holding a clothing drive, for which we also provided essentials such as toiletries and canned goods. With the help of we Barkada members, we were able to send a very generous amount of donations which will go to those areas in vast need of attention. Thank you very much to those of you who have donated for the relief of Typhoon Ondoy. It is great to know that even we though we are separated by a great distance, we can still reach out to those and need and provide them with some comfort in trying times.



BARKADAS GOT TALENT!

by LAUREN MOTUS
Barkada Entertainment Coordinator

LM: Hey Barkada! It’s Lauren, your very own BEC, and I’m here with Ernie Cachola and Mike Garcia from the band Signal Flow. So, how did your band meet?

EC: We met at Chuck-E-Cheese one day, I was with my kids. Then I ran into two guys, named Mike and Andrew. And I don’t know what else to say. I saw talent from the moment I laid eyes on them.

LM: Signal Flow, that’s an odd name, how did you come up with that name?

EC: I was walking down the street with Mike, we just got frozen yogurt and we were stopped by a signal. Then at the corner of my eye I saw a guy beat boxing. And I was like, “Signal Flow.” It has been an amazing adventure, it’s been already 10 years, and we are coming back.

LM: Where do you guys get your inspiration from?

MG: That’s a good one. The radio.

EC: The Radio?! That’s a more genuine answer.

MG: Actually most of my inspiration came from looking at airplanes in the sky... and my mom.

LM: BGT is coming up on December 4th. What should we look for from Signal Flow?

MG: You’ll see guys playing their hearts out.

EC: This is going to be the best performance ever since Signal Flow broke up at the end of the year banquet. It’s going to be the best reunion ever. We’re like Zack Attack from *Saved by the Bell*. We’re coming back!

LM: That’s great! Last question, if you were to describe Signal Flow in a sentence, what would it be?

EC: Awesome and crazy.

MG: Ear sex.

LM: A sentence...

EC: I think we just need a word. Tsunamic.

LM: Thank you! If you want to check out Signal Flow, come out to **Barkada’s Got Talent! Friday, December 4th at the Bronco Student Center - Ursa Major AB, 6:00pm - 10:00pm!**

Ticket Prices: \$5 - Performers / \$7 - Pre-Sale / \$10 - @ The Door

Food is included with each ticket.

Buy your tickets from any E-Board member.

ANONG BALITA STAFF

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*For any questions, comments or concerns about Anong Balita, please e-mail pr@cpcbarkada.org

P-GRAD

by CAMI DeGUZMAN
Academics Chair

Are you interested in being part of a graduation ceremony? Well P-Grad is just for you!

Pilipino Graduation (aka P-Grad) is a graduation ceremony that centers around the Pilipino Heritage and its cultural aspects of friendship, family, unity and pride. P-Grad however, is not just another commencement ceremony, it also provides an intimate celebration by giving the graduates a chance to share their college experiences and hardships with their family and friends. Graduates receive a plaque, a Filipino flag-modeled graduation stole, and a souvenir program with their accomplishments and appreciations.

If you are graduating this year, would like more information or if you are interested in helping out with P-Grad, please contact us at pilipinograd@gmail.com :]



SPOTLIGHT MEMBER

by KEVIN HSU
Secretary



Alex Edrada is a Freshman Computer Engineering major. When he's not at school, he spends his days working out, doing chores for his parents or playing DOTA. His favorite Disney movie is Hercules, while his favorite MJ song is Thriller. Alex has already won over the hearts of many Barkada members through his funny anecdotes and unique lingo. His favorite catchphrases include "talkin' head" (talking behind's one back), "breezy" (a fine young lady), and "oh that's a tragedy" (when something very sad occurs) to name a few.

In 10 years, Alex hopes to one day be able to settle down and be married to a beautiful breezy, successful job, and, as he put it, "all that other routine and cliché stuff. BUT I also still want a ricer car." Although on the outside, Alex may seem like an open, confident individual, he has said that sometimes he still feels very shy around people. One reason he said he loved Barkada was because of all the friendly faces. "Everyone always comes to me with a smile. Like Andrew, Kevin, and Lauren. But not Ermie. He was scary at first." Alex initially joined Barkada after hearing about it from his uncle, Ed Najera, who also happened to go Cal Poly and was also in Barkada some years ago. It was here in this very club that Alex's uncle met his future wife, and love of his life, Cecile Villarosa. Maybe Alex will follow in his Uncle's footsteps and find a beautiful breezy like he's always dreamed of? Who knows? No matter what may happen, Barkada welcomes Alex with open arms to our ever-growing family.

CHECK OUT BARKADA MODERN AT...



SATURDAY DECEMBER 12, 2009

Whittier H.S. - Vic Lopez Auditorium

12417 Philadelphia St, Whittier, CA 90601

Doors Open @ 6:30 pm / Show Begins @ 7:00 pm

Ticket Prices: \$25 Pre-Sale / \$30 @ Door

PILIPINO RECIPE: PORK LUMPIANG SHANGHAI

by KATIE BALQUIEDRA
Culture Chair

Tired of the usual American Style Turkey, stuffing and cranberry Thanksgiving? Why not put a Pilipino twist to your holiday dinner this year by adding Lumpia to the table? Think it's too complicated? Well, here's a simple recipe you can do that you can use to prove to your family that you're actually learning some Pilipino culture from the Pilipino club on campus that your parents are always hating on :)

You Need:

- 1 pound ground pork
- 1/3 cup chopped garlic
- 1/2 cup chopped onion
- 1/2 cup minced carrots
- 1/3 cup sliced water chestnuts
- 1 teaspoon garlic salt
- 1 teaspoon pepper
- 30 lumpia wrappers
- 2 cups vegetable oil for frying

Directions:

* Make sure you separate the lumpia wrappers beforehand in order for you to wrap the lumpias faster. Also, once you're done with step one, don't be afraid to fry a small sample of the filling to find out if you need more flavor by adding garlic salt or pepper.

1. Mix ground pork, onions, carrots, garlic, water chestnuts, garlic salt and pepper in a large bowl
(It's more fun when you use your hands to mix it :D)
2. Place two heaping tablespoons of the filling diagonally near one corner of each wrapper, leaving a 1 1/2 inch space at both ends. Fold the side along the length of the filling over the filling, tuck in both ends, and roll neatly. Keep the roll tight as you assemble. Moisten the other side of the wrapper with water to seal the edge.
3. Now that you've wrapped all the lumpias, place a wok or large skillet over medium heat with 2 cups of vegetable oil.
4. Once the oil is hot, slide in 4 or 5 lumpias into the oil and fry it for about 10 minutes or until all the sides of the lumpia is golden brown. Drain on paper towels. And that's it! Enjoy your masterpiece! :D

